

Exclusive for Grandparents

Triple P Seminar for Grandparents

FULLY
SUBSIDISED!



Triple P stands for Positive Parenting Program. The **No.1 parenting program** in the world, as ranked by the United Nations.



An **Evidence-Based Program** with 40 years of ongoing research.



Enriches **family relationships**. Enhances **grandparenting skills** and empowers **self-care**.

We know it's not easy to help raise your grandkids, especially when your parenting ideas differ from your children's. During the seminar, we'll help you understand relevant parenting approaches and provide practical tips to stay involved and support your kids in raising your grandkids. Let's make your grandparenting experience even more enjoyable together!

Seminar Topics:

- Positive Grandparenting
- Raising Confident, Competent Grandchildren
- Raising Resilient Grandchildren

For enquiry, please e-mail parenting@touch.org.sg

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