

G. I. F. T. PARENTING FOR BABIES & TODDLERS

6 - 36 MONTHS

GROWING INCREDIBLE FAMILIES WITH TOUCH



*Let your first gift
to your baby
be the
incredible parent
you can be through
G.I.F.T. Parenting!*



Discover useful information and practical skills to help you
manage, nurture & bond with your baby / toddler

Adapted from "Incredible Years"

Topics include learning how to:

6 to 12 months

- Understand social, emotional and physical changes in your baby
- Transit your baby to solid foods
- Help your baby to learn and communicate

12 to 36 months

- Foster good play skills for your toddler's development and build positive relationship
- Coach your toddler to promote language, social and emotional competence such as reading readiness, sharing, self-regulation, etc.
- Use praise, encouragement and incentives to teach your toddler skills like toilet training
- Handle separations and predictable routines
- Use positive discipline to set limits and handle misbehaviour of your toddler

“ It provides a structure to help you be intentional about bringing up your child. ”

“ It is well researched and organised. The models and principles used are relevant and effective for parenting young children. The slides and teaching are clear to understand. ”

“ The course helps me to understand parenting and my baby better. It also answers my concerns on parenting. ”

For enquiry, please e-mail
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