



PURPOSEFUL PLAY

FOR PARENTS AND
CHILDREN AGED
4 TO 6 YEARS

EMBARK ON AN ENRICHING JOURNEY
TO SUPPORT YOUR CHILD'S LEARNING
THROUGH PLAY! "BOND" VOYAGE!



WHAT IS PURPOSEFUL PLAY?

Developed jointly by the Ministry of Social and Family Development and the Parenting Research Centre from Australia, the **Purposeful Play** programme seeks to help parents develop their child through play and common home activities.

The Purposeful Play group introduces you to 10 evidence-based strategies that equips you with the knowledge and skills to:

- Think about ways to create a warm and stimulating home environment for your child
- Use everyday activities to develop language and problem-solving skills to enhance your child's school readiness, as well as to bond and strengthen your relationship with your child.

Session 1: Warm and Gentle and Play

Session 2: Tuning In and Routines

Session 3: Following Your Child's Lead and Shared Reading

Session 4: Listening and Talking More and Watching Screens Together

Session 5: Teachable Moments and Community Resources

WHAT CAN I EXPECT?

- 5 x 1.5-hour, in-person sessions with your child
- Conducted over 5 consecutive weeks
- Gain confidence in your skills to support your child's development!
- Build supportive relationships with other parents!

This is a fully funded programme by the **Ministry of Social and Development (MSF)**, delivered to residents and schools in **Toa Payoh** and **Jalan Besar** by TOUCH as the region's appointed **Parenting Support Provider (PSP)**. For enquiry, please e-mail to parenting@touch.org.sg.

